

# Cultural Humility Training

## Information Package

**ACCOUNTABLE | CULTURALLY AWARE | INCLUSIVE | RESPECT**

*AFCS is located on Traditional Treaty 6 Territory and Homelands of the Métis People. Our centres serve all of Saskatchewan which resides on Métis Homelands and Treaties: 2, 4, 5, 6, 8, and 10.*



# Training Overview

## 7 Hour Training

- Comprehensive session focuses on engagement and participation includes activities and videos
- Many opportunities for experiential learning
- Recommended for anyone working in the service field or with Indigenous clients

## 3 Hour Training

- A more in-depth introduction to Indigenous groups in Saskatchewan, history and culture
- Some time for questions and answers
- Recommended for anyone looking to further their learning on the Indigenous cultures in the province

## 1 Hour Training

- Brief introduction to Indigenous groups and history
- Lecture format
- Recommended for workshops, conferences or post-secondary classes

# Topics Covered

TOPICS	7 Hour	3 Hour	1 Hour
Cultural Humility	✓	✓	✓
Understanding Culture	✓	✓	
Statistics & Terminology	✓	✓	✓
Indigenous Groups	✓	✓	✓
Symbols, Ceremonies & Elders	✓	✓	
Colonization & the Indian Act	✓	✓	✓
Residential Schools	✓	✓	
Confederation	✓	✓	✓
Intergenerational Trauma	✓	✓	
Cultural Appropriation & Tokenism	✓	✓	
Cultural Insensitive Phrases	✓	✓	
Stereotypes & Myths	✓	✓	
Racism in the 21st Century	✓	✓	
Truth & Reconciliation	✓		
Indigenous Children in Care	✓		
Mental Health & Corrections	✓		
MMIW2ST	✓		
Applying Your Knowledge	✓		
Handling Sensitive Topics	✓		
Celebrating Culture & Building	✓		
Relationships	✓		
Experiential Learning Activities	✓		
Participant Questions	✓	✓	
Certificate & Resource List	✓	✓	



# Additional Information

## Number of Participants

Our training sessions can host the following number of people:

- **7 hour and 3 hour:** Minimum of 5 participants and up to 25 people
- **1 hour:** Up to 100 people
- **Individuals or small groups:** We have open session posted on our webpage calendar every month.

## In Person Sessions

Currently, all sessions will be held in-person at the Friendship Centre nearest you, unless for a reason that is out of our hands. The facilitators will arrive a half hour ahead of time to prepare for the training.

## Virtual Sessions

At this time, virtual sessions are not offered.

## Booking

Contact Jocelyn Campeau

- [training@afcs.ca](mailto:training@afcs.ca)
- 306-955-0762 Ext. 223

## Payment

Pricing will be discussed based on organization and number of participants. Invoices will be sent out after training. Payment due within 30 days of invoice date.

# Booking Changes

## **Client Changes**

Notification of changes to confirmed bookings, send to AFCS.

## **Cancellation**

The client may cancel training with a minimum notice of 3 business days to receive 100% refund. Cancellations made less than 3 business days will not receive any refund and invoice will be sent on estimate numbers.

## **Inclement Weather**

Living and working in Saskatchewan means training may be impacted by the weather. Reschedule if the forecasted weather may affect the safety of the participants at least two days prior to the session at a future date that works for both parties. Training may also be rescheduled due to any weather conditions that may risk facilitator or participants safety on the day of training.

## **Number of Participants**

If the client's last provided number of participants falls below a training's participant minimum, the session will be cancelled or rescheduled. In this case the guidelines listed above will be followed.

## **AFCS Changes**

Notification of any changes will be sent to the client booking contact.

## **Rescheduling**

Outside of inclement weather, if AFCS needs to reschedule, we will notify the client with 7 days notice and reschedule at a day and time that works for both parties and provide a discount. If no notification is received, the session will be provided to the client at no charge at a date and time that works for both parties.



Plains Cree – ay hay  
Swampy Cree – ay hay  
Woodland Cree – Thī  
Saulteaux – mīkwec  
Inuit – nakurmiik  
Dakota – pidamayaye  
Lakota – wopila  
Nakoda – pinamaya  
Dene – mahsi cho  
Metis – maarsii

Thank you!



**Jocelyn Campeau**

**Cultural Humility Training Manager**

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and Core Social Economy



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