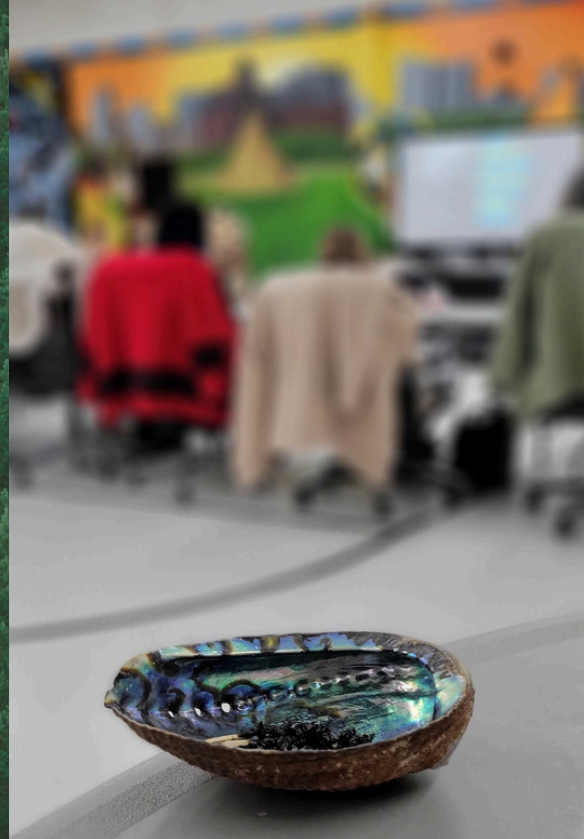


Aboriginal Friendship Centres of Saskatchewan

The Aboriginal Friendship Centres of Saskatchewan (AFCS) is the collective voice for urban Indigenous People. We serve Friendship Centres by sourcing opportunities for positive impact, promoting effective Friendship Centres upholding standards for collective success.

Serving urban Indigenous people of Saskatchewan on Métis Homelands & Treaties: 2, 4, 5, 6, 8, & 10.



Cultural Humility Training

Contact Us



training@afcs.ca



306-955-0762



www.sharingtheknowledge.com
www.afcs.ca



AFCS

Aboriginal Friendship
Centres of Saskatchewan



What is Cultural Humility Training?

Cultural Humility Training is an opportunity to reflect on our connections to this land, recognize shared experiences, and learn about the diverse Indigenous groups and histories in Saskatchewan. By exploring cultural differences and the legacies that shape our lives today, participants gain valuable insights that benefit both personal growth and community well-being.

Whether you're an individual, organization, or business, this training offers a safe space to build self-awareness and strengthen relationships with Indigenous peoples—making it an ideal professional development opportunity.

Testimonials

"The presenters were great and know what they were presenting. The training is applicable to John Howard Society of Saskatchewan."

"The depth of information was impactful and made me want to learn more. Hope's Home currently has about 85% Indigenous children in their care for our 24-hour care homes, so this training is very applicable to us and helps us to better provide cultural awareness and support to the children and their families."

Reasons to take Cultural Humility

Empathy & respect for Indigenous cultures are essential to acknowledging historical injustices and building meaningful, equitable relationships rooted in cultural understanding & mutual dignity.

Self-awareness allows individuals to recognize their own biases & roles in racial inequality, which is an essential step toward building respectful, equitable relationships across cultures.

Mindful openness fosters genuine engagement with Indigenous perspectives by encouraging presence, curiosity, & non-judgment. Creating space for deeper understanding & respectful connection.

Lifelong learning is a continuous journey of growth, curiosity, & self-improvement that enriches both personal & professional life.

Equip individuals & organizations with the necessary insights & tools to engage respectfully & effectively with Indigenous populations in Saskatchewan.



AFCS | Aboriginal Friendship
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Cost of Training

Non-Profit Organizations

7 Hour Training	\$100/Person
3 Hour Training	\$55/Person
1 Hour Training	\$30/Person

Provincial & Municipal Government

7 Hour Training	\$150/Person
3 Hour Training	\$100/Person
1 Hour Training	\$40/Person

Federal Government & Corporations

7 Hour Training	\$200/Person
3 Hour Training	\$110/Person
1 Hour Training	\$50/Person